

QUICK START

(DETAILED INSTRUCTIONS IN PACKAGE)

GYMBOSS®
miniMAX

The miniMAX is 6 timers in one. It is critical that you select the proper timing mode from the MENU. Stopwatch and clock are obvious selections, but **to time intervals, you must choose the interval mode matching the number of DIFFERENT intervals you wish to time.**

MENU

6 Timer Modes

OFF
1 INT
2 INT
3+ INT
MULTI
STPWCH
CLOCK

- **1 INT:** Time 1 interval, repeat 1-99 times
- **2 INT:** 2 different intervals, repeat 1-99 times
- **3+ INT:** 3-25 different intervals, repeat 1-99 times
- **MULTI:** Same as 3+, but also allows repeating intervals or groups along the way
- **STOPWATCH**
- **CLOCK**

These are the SETUP choices

MENU
SETUP
RECALL
SAVE
BACK

MENU:

Return to MENU to select a different mode

SETUP:

Change variables of the current mode

RECALL:

Recall a previously saved program

SAVE:

Save the currently displayed program

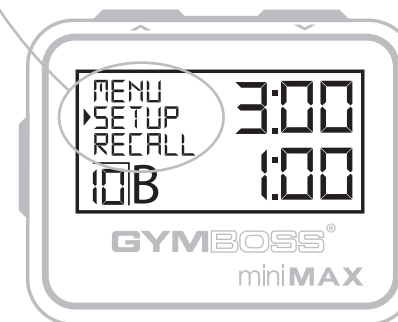
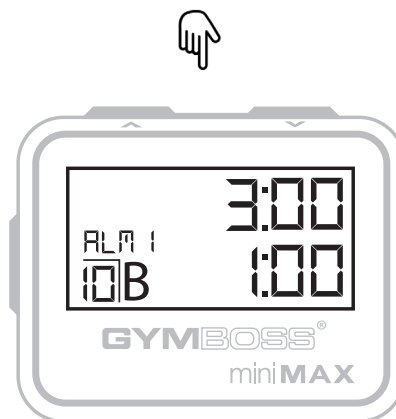
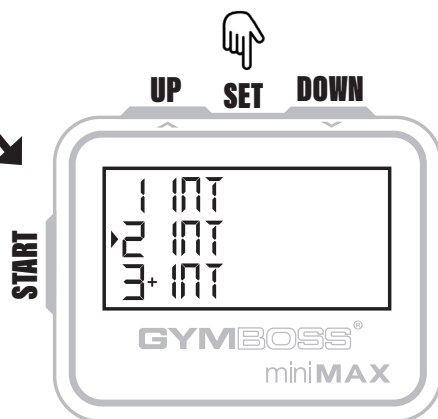
BACK:

Exit with no change

Only 3 lines are visible at once, so the MENU looks like this, use ▲/▼ to scroll the entire MENU, then push SET button to select the ►, in this case the 2 INT timing mode

This is the 2 INT interval timing mode used to time 2 different intervals, in this case 3 minutes and 1 minute, for 10 repeats. To make changes, push the SET button.

These choices will be added to the screen, again only 3 lines are visible, use ▲/▼ to scroll all choices.



These 3 rules are critical to understanding the miniMAX, take 10 minutes to learn these rules and we guarantee your success.

1. YOU MUST SELECT THE TIMING MODE MATCHING THE NUMBER OF DIFFERENT INTERVALS YOU WANT TO TIME.
2. To change timing modes (i.e. from 2 INT mode to 1 INT mode) you must return to the MENU and select the 1 INT mode.
3. You should be able to look at the timer and know what mode it is currently in, see other side for all modes displayed side by side for easy comparison.

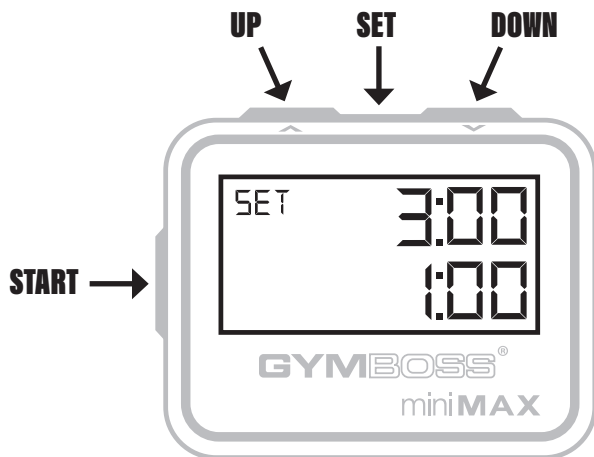
TIMER MODES

The miniMAX is 6 timers in one.

Each mode has a distinctive look. Here they are shown for comparison purposes.

1 INT	2 INT	3+ INT	MULTI	STPWCH	CLOCK
1 interval	2 different intervals	Indicates 1st of 3 intervals. The first interval is 1 minute	Multi mode 1st of 10 intervals. The first interval is 5 minutes	100th's of a second	AM or PM

BUTTONS



TIPS

When in SETUP mode you will see "SET" on the top left.

In SETUP, change the flashing value using ▲/▼ buttons.
Push SET to move to next step.

Set up rounds 1-99 or setting rounds to 0 will count up to 99.

Alarm Type:
B: Big beep
b: Little beep
V: Vibrate

ALM 1, 2, 5, 9 sec.
This is how long the alarm will last.

To turn the timer off return to MENU and select OFF, or the timer will turn off after 10 minutes of no use.

Recalling a saved program requires you to be in the same mode it was saved in.



If the ► is visible, pushing the SET button will activate that choice.

Go to www.gymboss.com for more instructions