

RENPHO

Model: RP-GM173

Mini Massage Gun



○ White ● Black ● Blue ● Pink

Thank you for purchasing RENPHO mini massage gun. The massage gun offers a powerful percussion massage. While enjoying muscle and body relief, you should use it with care. To ensure safety and avoid any property damage, please read this manual carefully and use as indicated. Non-compliance may cause serious injuries or death and/or severe property damage.

Introduction

Mini Massage Gun is a device for deep muscle and fascia relaxation. It is suitable for physical massage after exercise. It can reduce muscle stiffness and pain, alleviate muscle fatigue and accelerate blood circulation to achieve the purpose of improving the health of body soft tissue.

Important Safety Instructions

1. This product is not intended for medical use. It is intended only to provide a luxurious massage.
2. Any individual who may be pregnant or recently gave birth, has a heart condition or a pacemaker, suffers from diabetes or other sensory impairment, phlebitis and/or thrombosis, joint dysfunction, inflammation or injuries, weak bones, osteoporosis, a high fever, an abnormal or curved spine, is at an increased risk of developing blood clots, has pins/screws/artificial joints or other medical devices implanted in his/her body, is being treated for a medical condition or physical injury or is under a doctor's care should

consult with a medical professional before using a massaging device designed for home use.

3. **DO NOT** use this product for more than 30 minutes at a time. If you feel unwell or in any unusual discomfort, please stop using the product immediately. Extensive use could lead to the product's excessive heating and shorter life span.
4. **DO NOT** use this product before bed. The massage gun has a stimulating effect and can delay sleep.
5. Please keep the massage gun away from heat and avoid using it in places where the surrounding temperature is relatively hot.
6. **DO NOT** use the massage gun with wet hands.
7. Never cover the product when it is in operation.
8. This unit should not be used by children or invalids without adult supervision or used on a unconscious or sleeping person.
9. It is prohibited for non-professional personnel to repair the massage gun or replace parts.
10. Use heated surfaces carefully to avoid serious burns.
11. **DO NOT** drop, apply excessive force or heavy weight over the product to avoid malfunction and/or damages.
12. **DO NOT** keep product near a high magnetic field or where it can be affected by a magnetic field, for it can cause batteries to discharge.
13. **DO NOT** disassemble or drill into the product and/or batteries. **DO NOT** take apart, modify or change the

parts. This may cause malfunction, electric shock, or fire. And the product will no longer be covered under manufacturer warranty.

14. **DO NOT** throw the battery into fire or heat it. The used battery should be placed in a sealed plastic bag and disposed safely according to local environmental regulations.
15. The more times the battery is charged, the shorter the charging time and use time.
16. For use only by healthy adults other than the elderly.
17. Use the product only on the soft tissues of the body without pain or discomfort.
18. Always check the massage area and discontinue use if there are any signs of pain or discomfort.
19. Keep your fingers, hair, or other body parts away from the shaft and back of the vibrating head, where they can get caught.
20. If the pain is persistent, discontinue use immediately and consult your doctor.

WARNING Chemical Exposure: If the battery pack is leaking, **DO NOT** allow the liquid to come in contact with skin or eyes. If contact has been made, wash the affected area with copious amounts of water and seek medical advice. Place the battery in a sealed plastic bag and dispose of safely according to local environmental regulation.

WARNING: It is strictly forbidden to use this product on the following body parts:

- Your head.
- Varicose veins.
- The throat area.
- Any possible fracture site.
- Genital area (**DO NOT** use this for sexual purposes.

This is a powerful massage gun and may cause severe bodily harm).

- Skeleton with less muscle coverage, such as tibia, acrotarsium, the back of hand.
- Sensitive areas such as eyes, teeth, breast augmentation, reproductive organs, prostheses, etc.
- Sensitive skin, swollen or inflamed areas, in the area of poor circulation, where skin eruptions are present, or in the area of unexplained abdominal pain.

About the Renpho Mini Muscle Massage Gun

1. What's in the box

Renpho Massage Gun x 1

Massage Head x 4

Storage Case x 1

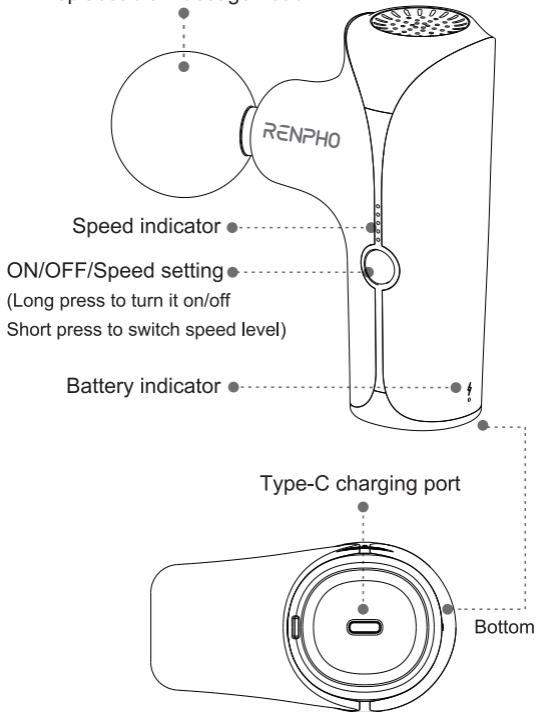
Type-C Cable x 1

Strap x 1

User Manual x 1

2. Product Introduction

Removable and replaceable massage head





Damping
Head



U-shaped
Head



Ball Head



Bullet Head

3. Specification

Product Name: Mini Massage Gun

Model: RP-GM173

Input: 5V \equiv 2A

Rated voltage: 11.1V

Rated power: 25W

Battery Capacity: 2500mAh

Amplitude: 8mm

The vertical vibration frequency \leq 60Hz

Speed setting: 1-5 levels 1800-3200r/min

Charging time: 3 hours

Operating time: About 4 hours

Auto Shut-off Timer: 10 minutes

Product Dimensions: 139 x 87 x 49mm

5.5 x 3.4 x 1.9inch

Product Weight: 0.45kg/0.99lb

Gross Weight: 0.9kg/1.98lb

Using Mini Massage Gun

1. Important tips before use

1.1 Charging

- Please fully charge the massage gun for about 3 hours before use.

- Connect the output end of the connector to the DC charging port at the bottom of the massager, and then connect the input end of the connector to the mobile power supply or the mobile phone charger. (5V \equiv 2A, if you use less than 2A charger, the time will be longer.)

- When the battery power is more than 30%, the battery indicator stays Green; When the battery power is less than 20%, the indicator light is flashing in red; When the power is less than 5%, please charged it immediately, otherwise it will automatically shutdown after flashing in red for few seconds. It is not recommended that the battery power be completely depleted to 10% level.

- For safety considerations, the massage gun will NOT work while charging. Additionally, the massage gun will automatically shut off after 10mins of continuous use. If you want longer massage, please turn it on then.

1.2 Battery Life

- This Massage gun has a built-in rechargeable battery. A full charge takes about 3 hours. Total battery life is up to about 4 hours after a full charge.



DON'T use the massage gun when charging!

● Battery life can vary by application and/or operating conditions. If the product is not in use for a long time, please keep it powered off and charge it once a month so that the battery will last longer.

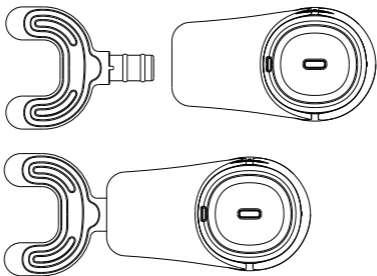
● Please keep the massage gun away from heat and avoid using it in places where the surrounding temperature is relatively hot.

2. Operation Instruction

1. Connect the device with the massage head

Select the appropriate massage head and rotate the massage head until it is fully inserted into the host when using, and it can be taken out by pulling it out (Rotation is forbidden when taking it out).

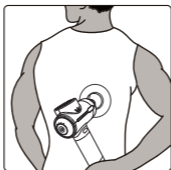
Note: The U-shaped Head must be positioned. When the clasp is inserted into the slot, it means the U-shape Head is in position. If not installed in place, there will be a risk of falling out.



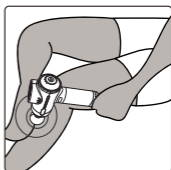
2. Turn on the device by long press the power button. Short press the power button, the gear will be switched between 1-5 levels. If the power button is long pressed for 2 seconds, the device will stop immediately. LED indicator indicates the corresponding level, the lowest level of 1, the highest level of 5.
 3. Apply the required pressure with the preset vibration massage frequency to massage the corresponding body parts.
- * After 10mins of operation, the device automatically will power off.



Shoulder Massage



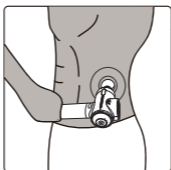
Back Massage



Foot Massage



Arm Massage



Waist Massage



Leg Massage

Product Care and Maintenance

- Place the massage gun in a safe, cool, and dry place when not in use.
- Always unplug the massage gun prior to cleaning.
- After use, wipe massage gun with a soft, damp cloth using non-abrasive cleaners. If necessary, clean with a sterilizer.
- DO NOT submerge the massage gun in water or any other liquid.
- Keep away from all solvents and harsh detergents.
- DO NOT attempt to repair this massage gun. There are no user- service-able parts.
- DO NOT dispose the massage gun in a land fill. It contains a Li-ion battery and other electrical components, which is considered hazardous E-waste.
- Do not disassemble the screw or attempt to disassemble the equipment.
- When the equipment is not used for a long time, the battery should be charged once a month.
- Massage equipment should be stored in a well ventilated, non-corrosive gas warehouse, 250 mm off the ground, no more than 5 layers of massager stacked.

Environmental conditions

Because the electromagnetic field produced by massage motor is relatively small, it will not affect the electronic equipment and human body in general! If the main engine (including lithium batteries) and accessories of this instrument reach the service life, please do not discard them at will. Otherwise, electronic waste will pollute the environment. Please make corresponding treatment according to the relevant regulations of local environmental protection department for the treatment of such electronic waste.

Temperature: $-40^{\circ}\text{C} \sim +50^{\circ}\text{C}$ / $-104 - 122^{\circ}\text{F}$

Relative humidity: $\leq 90\%$

Barometric pressure: $70\text{kPa} \sim 106\text{kPa}$

Troubleshooting

| PROBLEM | CAUSE | SOLUTION |
|--|---|--|
| Massage gun doesn't turn on. | Power is off. | Long press the Power Button to turn on the massage gun. |
| | Battery is too low. | Charge the massage gun |
| | Massage gun shuts-off after 10 minutes. | Long press the Power Button to turn on the massage gun for another 10 minutes. |
| Massage gun shuts off automatically. | The massage gun's overheat protection will switch off the massage gun automatically when too hot. | Wait for the massage gun to cool down before powering it back on. |
| | Massage gun shuts off after 10 minutes. | Long press the Power Button to turn on the massage gun for another 10 minutes. |
| Massage gun fails to run. | The massage head is to inserted too tight. | Plug out the massage head a little, then power it on. |
| If you encounter any other problems, contact: support@renpho.com | | |


Warranty (1-Year Period)

The manufacturer's warranty is void under the following circumstances but not limited to:

- Improper or inadequate maintenance or modification.
- Accident, misuse, abuse, contamination, or other external causes.
- The use of unspecified adapter and accessories.
- Loss or damage in transit.
- Damages that occurs as a result of one's failure to follow the instructions.
- This warranty does not apply to expendable or consumable parts and does not extend to any product from which the serial number has been removed.

Customer Service

We have an award-winning warranty, exchange, and customer service team that guarantees hassle-free solutions to any issue you might have within the 24 business hours.

 **Tel: +1 (844)417-0149**
Monday-Friday: 9:00-16:30 PST

 **Email: support@renpho.com**

 **Web: www.renpho.com**

FCC Statement

1. This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) This device may not cause harmful interference.
- (2) This device must accept any interference received, including interference that may cause undesired operation.

FCC Statement NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses, and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help with the supplied fastener. DO NOT hang the unit by the power cord.

JOICOM CORPORATION

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Facebook Group



RENPHO Website