



Leg Massager With Heat



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Thank you for your purchase of RENPHO leg Massager. This Leg Massager is designed to massage your feet, calves and thighs. It helps to relieve muscle pain and fatigue. You should use it with care and safety in mind. To ensure safety and avoid any property damage, please read this manual carefully and use as indicated. Non-compliance may cause serious injuries or death and/or severe property damage.

Important Safety Instructions

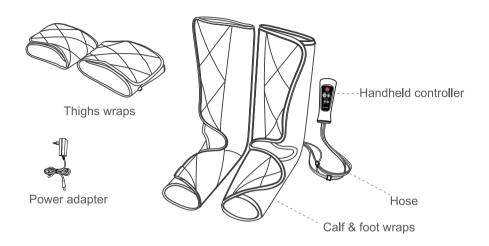
- 1. If any of the following apply to you, please consult a doctor before use:
 - Pregnant women, children, or the elderly
- People who suffer from skin infections or have redness and burns on the skin
- People who use a pacemaker or similar implantable medical device
- Patients with heart disease or malignant tumors
- People who are receiving medical treatment or feel discomfort
- People suffering from osteoporosis
- People with high blood pressure or abnormal blood pressure
- 2. This product should not be used for any medical purposes. It is designed for personal and non-professional use only.

About the Renpho Leg Massager with Heat

1. What's in the box

- 1 Pair of calf & foot wraps
- 1 Pair of thigh wraps
- 1 x Handheld controller
- 1 x Power adapter
- 1 x User manual
- 1 x Storage bag

2. Product introduction



Using the Leg Massager with Heat

1. Important tips before use

1.1 When wearing the wraps, please ensure the corresponding wraps for Left and Right legs. There is a round sticker on the hose interface marks "R" and "L", please match the right color and legs to make sure the normal use. Please connect the hose correctly refer to the below picture.

"L" for Left calf and feet wrap

"R" for Right calf and feet wrap



"L" for Left thigh wrap



"R" for Right thigh wrap

1.2 Find the marks on the thighs wrap, it shows which side is UP. Please refer to the below picture.

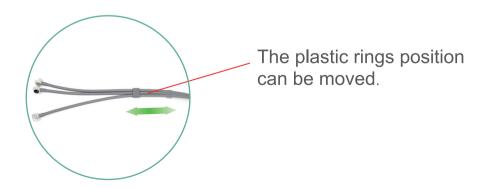


1.3 Make sure all of the hose have been attached securely and color matched.

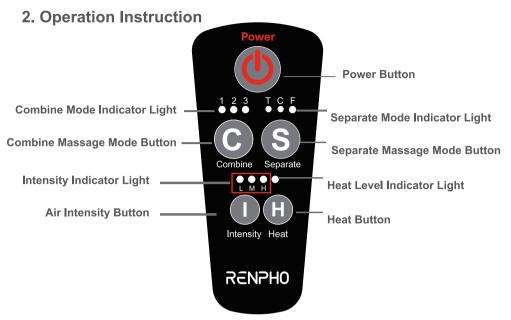
- 1.4 If you feel powerful or uncomfortable, here are some solutions for your better reference.
 - 01-Choose the lowest intensity
 - 02-Open the Velcro of the corresponding part
 - 03-Press POWER button to turn off
 - 04-Disconnect the corresponding air hose, the airbag of the corresponding part will quickly deflate
 - 05-It is recommended to leave a gap available to put 4 fingers in it or choose the lowest intensity if you feel powerful Please refer to the below picture



1.5 The length of air hose can be adjustable according to your need. Please check the below picture.



1.6 The temperature rise of handheld control is normal.



- When connect the power adapter, The indicator light of the intensity and heat will be SOLID RED when it is powered on successfully.
- 2. "Power On/Off Button. Press to turn on/off the massager. The default mode is combine massage mode 1 with air intensity M. and high heat level(SOLID RED).
- 3. "C" Combine Massage Modes. Press to select from the 3 combine massage modes.
 - Combine 1: Massage full legs.
 - Combine 2: Massage feet and calves.
 - (It can be used individually, and don't need to connect the air hose of thighs wraps.)
 - Combine 3: Massage feet, calves, thighs by turn. It will be turn off when you press the Button C again.

- 4. "S" Separate Massage Modes. Press to select from the thigh, calf and foot separately.
 - T: Massages thighs
 - C: Massages calves
 - F: Massages feet. It will be turn off when you press the Button S again.
- 5. "Heat Button: Press to adjust the heat levels(low and high temperature), the default heat level is high temperature. BLIN-KING RED indicates the low temperature (109°F), SOLID RED indicates the high temperature(118°F). You can press this button to turn off it.

Heating area: calves and feet.

Note:

- 1) The massager will be auto shut-off every 20 minutes. And before auto shut off, the indicator light of the corresponding mode will be BLINKING RED. Press the power button again to re-run the massager. It's recommended to use once or twice daily.
- 2) The massager comes with memory design without power cut off, so it automatically operates the last running mode and intensity when powering on.
- 3) If you choose one of these functions like combine mode or separate mode or heat, you can turn off it by press the button C, Under this situation, when you press the power button, it doesn't come with memory function, the default mode is C 1 with air intensity M and high heat level(SOLID RED)
- 6. "Air Intensity Button. Press to reduce or enhance the intensity. There are 3 intensity levels for each mode, the default intensity is level M. It is recommended to leave a gap available to put 4 fingers in it or choose the lowest intensity if you feel powerful.
- 7. You can choose to massage only one leg at one time, make sure that all of hoses connect to the boots and the color matches both right and left boot. Then only wear left or right boot.

Safety & Maintenance

- 1. **Do not** use spare parts that are not approved by the manufacturer.
- Non-professional repair personnel should not dismantle or replace the parts of the leg massager without permission.
- If the power cord is damaged, it must be replaced by the related professional personnel in order to avoid danger.
- Do not use or store the product in a place with humidity or high temperature.
- Unplug the power cord after use.
- **Stop** using it immediately if any adverse reactions occur.
- Stop using it immediately and cut off the power if the product becomes extremely hot or the product begins to smell or emit an odor.
- **Do not** move the product by pulling the power cord.
- This product should not be used by those who are deficient in physical, sensory, or Controller mental abilities (possibly including children).

3. Cleaning Method



Do not wash, machine wash, it's recommended to wipe massager with a soft, damp or dry cloth.

4. Packing Method

Please avoid folding the tube when packing, or it may cause inflation failure.

Troubleshooting

| PROBLEM | CAUSE | SOLUTION |
|------------------------------|--|--|
| The product does not work | The power is not connected or the plug is loose | Plug in the power cord correctly(The indicator light will be red after press the power button) |
| | The power switch is not on or auto-shut-off timer turns it off | Turn on the power switch |
| Some part can't inflate | The color of hose doesn't match | Please follow the instructions according to "Important tips before use" to match and connect the air hose |
| | The current massage mode exclude massage this part | Please choose the corresponding mode |
| | The tube have not been attached securely, and there is air leaks | Please check again if hose attached securely with boots. (no gap between hose interface and boot) |
| | The tube has been folded | 1. Please avoid folding the tube when packing 2. Please contact support@renpho.com |

| PROBLEM | CAUSE | SOLUTION | |
|--|--|---|--|
| Feel powerful or uncomfortable | Wrap your legs too tight | 1. Choose the lowest intensity 2. Open the Velcro of the corresponding part 3. Press POWER button to turn off 4. Disconnect the corresponding air hose, the airbag of the corresponding part will quickly deflate | |
| | Maybe use the highest intensity | | |
| The product suddenly stops working | The massager's over- heat protection feature will switch off the mas- sager automatically when too hot | Wait for the massager to cool down before powering it back on | |
| | 20 minutes timer turns it off | Press the power button again | |
| The handheld controller gets hot | The product have been used continuously for long time(The temperature rise of handheld control is normal.) | Recommended to use 20 minutes to 30 minutes to avoid OVER USE. After turning off, allow the massager to cool down before using again | |

| PROBLEM | CAUSE | SOLUTION | |
|--|---|---|--|
| Feel the differ- ence of intensity when massaging | Some tube has not been attached securely or attached the wrong hose | Please make sure the tube attached securely | |
| two legs at the same time | When wearing the boots, the gap you leave may be different | Please leave the same gap when you wear it | |
| Can't feel the heat/Heat func- | Maybe choose the low temperature | Please choose the high temperature | |
| tion is weak | Maybe use it just 1-2 minutes | Please use it about 4-6 minutes | |
| If you encounter any other problems, contact: support@renpho.com | | | |

Specifications

Product Name: RENPHO Leg Massager With Heat

Model: RP-ALM070H

Product: Input: 12V===2A

Rated Power: 24 W

AC Adapter: Input: AC 100-240V 50/60Hz

Output: 12V === 2A

Timer: 20 minutes

Warranty (1-Year)

- 1. The manufacturer's warranty is void under the following circumstances but not limited to:
 - Improper or inadequate maintenance or modification.
 - Accident, misuse, abuse, contamination, or other external causes.
 - The use of unspecified adapter and accessories.
 - · Loss or damage in transit.
 - Damages that occurs as a result of one's failure to follow the instructions.
- 2. This warranty does not apply to expendable or consumable parts and does not extend to any product from which the serial number has been removed.

Customer Service

We have an award-winning warranty, exchange, and customer service team that guarantees hassle-free solutions to any issue you might have within 24 hours.

- **Tel:** +1(844)417-0149 (US ONLY) Monday-Friday 9:00AM-4:30PM
- Email: support@renpho.com

FCC Statement

This device complies with ICES-003 Rules and US Electronic Code of Federal Regulations 47 CFR FCC Part 15; Operation is subject to the following two conditions:

- (1) This device may not cause harmful interference, and
- (2) this device must accept any interference received, including interference that may cause undesired operation.

FCC Statement NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses, and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- · Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help with the supplied fastener. DO NOT hang the unit by the power cord.

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RENPHO Website