

RENPHO Massage Gun USER MANUAL

Model: RF-GM169



US Importer: JOICOM CORPORATION
14129 The Merge Street, Building 3 Unit A, Eastvale, CA 92880

Manufacturer: Shenzhen Ruiyi Business Technology Co., Ltd.
Qianhai Complex A201, Qianwan Road 1, Qianhai Shenzhen-Hong Kong
Cooperation Zone, Shenzhen, P.R.China

Made in China

Thank you for choosing RENPHO Massage Gun. Please read the user manual carefully before use and keep it in a safe place for future reference. If you need assistance, please contact our support team.

Important Safety Instructions

When using an electric appliance, basic precautions should always be followed, including the following:
Read all instructions before using (this appliance).

1. This appliance can be used by children aged from 8 years and above and persons with reduced physical, sensory or mental capabilities or lack of experience and knowledge if they have been given supervision or instruction concerning use of the appliance in a safe way and understand the hazards involved.
2. Children shall not play with the appliance. Cleaning and user maintenance shall not be made by children without supervision.
3. The appliance is not intended for medical use. It is intended only for household to provide a luxurious massage.

DANGER - To reduce the risk of electric shock:

- 1) Always unplug the charger from the electrical outlet after charging.
- 2) Do not reach for the appliance that has fallen into water.
- 3) Do not use while bathing or in a shower.
- 4) Do not place or store appliance where it can fall or be pulled into a tub or sink. Do not place in or drop into water or other liquid.

WARNING - To reduce the risk of fire, electric shock, or injury to persons, please follow the instructions below:

- 1) The appliance should never be left unattended when plugged in. Unplug from outlet when not in use, and before cleaning, putting on or taking off parts.
- 2) Do not operate under a blanket or pillow. Excessive heating can occur and cause fire, electric shock, or injury to persons.
- 3) Close supervision is necessary when this appliance is used by, on, or near children, invalids, or disabled persons.
- 4) Use this appliance only for its intended use as described in this manual. Do not use attachments not recommended by the manufacturer.
- 5) Never operate this appliance if it is not working properly, has been damaged, or dropped into water. Return the appliance to a service center for examination and repair.
- 6) Never operate the appliance with the air openings blocked. Keep the air openings free of lint, hair, and the like.
- 7) Never drop or insert any object into any opening.
- 8) Do not operate where aerosol (spray) products are being used or where oxygen is being administered.
- 9) Do not keep the appliance near a magnetic field or where it can be affected by a magnetic field, for it can cause batteries to discharge.
- 10) Do not use the appliance before bed as it has a stimulating effect and can delay sleep.
- 11) Avoid touching the gap between the massage head and body with your finger or hair. Beware of pinching.

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- 12) It is recommended to start the massage with the lowest intensity. Do not use for more than 30 minutes at a time. Excessive use could lead to slight bruise or appliance overheating that shortens its lifespan.
- 13) Please keep the appliance away from heat and avoid using it in places where the surrounding temperature is relatively hot.
- 14) Do not use the appliance with wet hands.
- 15) Only use the original massage head officially provided in the package. The use of a third-party massage head may cause damage to the appliance and void the warranty.
- 16) Do not drop, apply excessive force or heavy weight over the appliance to avoid malfunction and/or damages.
- 17) If a high temperature or foul odor occurs while using the appliance, stop using it immediately and unplug the appliance.
- 18) It is prohibited for non-professional personnel to repair the appliance or replace parts.
- 19) Use only massage heads that produce the best results.
- 20) Do not press the massage head vigorously or cover the appliance during a massage.
- 21) Do not use the appliance in close proximity to long hair, loose clothing or jewelry.
- 22) Do not massage on the same part for a long time in a row. If you feel unwell, please stop using it immediately.
- 23) Unplug the charger from the appliance after charging or before use. Do not operate or charge the appliance unattended.
- 24) Only use the original adapter provided by RENPHO.

Do not use the massage gun on

- 1) Sensitive skin, swollen or inflamed areas, in the area of poor circulation, where skin eruptions are present, or in the area of unexplained abdominal pain;
- 2) Head, face, cervical vertebrae, spine vertebral body;
- 3) Varicose veins;
- 4) Tumor site;
- 5) The throat area;
- 6) Hard parts such as the head or body bones;
- 7) Genital area (do not use this for sexual purposes. It is a powerful massaging appliance and may cause severe bodily harm);
- 8) An unconscious or sleeping person;
- 9) Any possible fracture site;
- 10) Positions close to the bony areas: the humerus, the back of the foot, the back of the hand and so on.

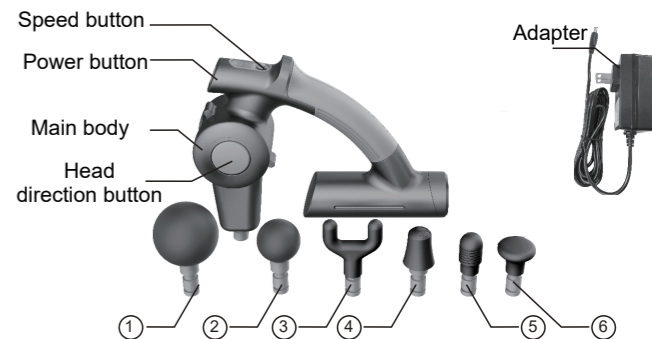
If you fall into any of the following user groups, please consult a doctor before use:

- 1) Blood stasis;
 - 2) Fractures;
 - 3) Heart disease, with a pacemaker, defibrillator, or metal contents in the body;
 - 4) Infants/minors/pregnant women;
 - 5) If you have experienced joint surgery within 90 days, do not use the appliance on the body within 3 inches of the surgical position.
- If you feel unwell or have any unusual discomfort, please stop using the appliance immediately.

SAVE THESE INSTRUCTIONS

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Product Diagram



1-6 Massage head

Operation Instruction



About Battery

1. Warning Chemical Exposure: If the battery pack leaks, Do Not allow the liquid to contact with the skin or eyes. If contact has been made, wash the affected area with copious amounts of water and seek medical advice.
2. Do not throw the battery into fire or heat it. The used battery should be placed in a sealed plastic bag and safely disposed of in accordance with local environmental regulations.
3. Battery life can vary by application and/or operating conditions. If the appliance is not in use for a long period of time, please keep it powered off and charge it once a month to prolong its lifespan.

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Before use

Fully charge the massager for 2.5 hours before first use. The massager runs for 4 hours on a full charge.

1. Plug the adapter into the charging port. The VOL indicator will indicate battery level as follow:

- 4pcs red lights on (=100%)
- 3pcs red lights on, 1pc red light flashes (< 100%, ≥75%)
- 2pcs red lights on, 1pc red light flashes (< 75%, ≥50%)
- 1pc red light on, 1pc red light flashes (< 50%, ≥ 25%)
- 1pc red light flashes (< 25%, ≥0~5%)

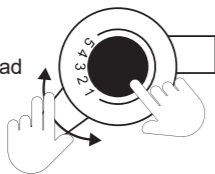
2. Unplug the AC adapter from the massager and from the electrical outlet after full charged.

3. The battery must be recharged when stored three months.

Note: The massager is designed to work with battery only. It will not work when the adapter is connected.

Using the massager

1. Select one massage head and rotate the head until it is fully inserted into the host.
2. Press the head direction button and choose a desired direction. It has 5 options to choose from.
3. Turn on the “⏻” and the electricity volume will be shown as red light on the screen display. Note that if you don’t do anything in one minute, the device will turn off and you will hear a sound. You have to press the power button again to restart it.
4. Press the speed button, you can change the speed from speed (1,2,3,4, off), and cycle to do;
5. When full charged, the 4pcs LED lights are on for the "VOL"; the 3pcs LED lights are on when the battery level is below 75%; the 2pcs LED lights are on when the battery level is below 50%; the 1pc LED lights is on when the battery level is below 25%; when the battery level is below 10%, 1 indicator light flashes, please charge it.
6. To turn off the massager, press the power button when using it.



Note

- A. The massager is designed with 15 minutes auto shut off after continuous running.
- B. When you want to change the massage head, please turn off the device firstly.
- C. All indicator light is red.
- D. Each press comes with one “beep” sound.
- E. When charging, the buttons do not respond.

Massage Head Application

M & L Ball Head

Suitable for bulk muscle groups such as arms, thighs



Flat Head:

Suitable for all parts of the body



Fork Head:

Suitable for neck, spine, and achilles



Bullet Head:

Suitable for the joint, deep tissue massage, precise massage



Air Cushion Head:

Suitable for trigger points



Specifications

Adapter: Input: AC 100-240V 50/60Hz
Output: DC 13V = 1A

Power: 18W

Battery Capacity: 2500mAh

Charing Time: 2.5h

Operating Time: about 4h

Product Size: 10.5 x 10.6 x 3.8inch/26.7 x 27 x 9.6cm

Weight: 2.23lb/1kg

Package

RENPHO Massage Gun x 1

Massage Head x 6

Adatper x1

Storage Box x 1

User Manual x 1

Troubleshooting

Common problems	Cause	Solutions
The product does not work	<ol style="list-style-type: none"> 1. Disconnected power or loose plug causing poor contact. 2. The power switch is off or the 15 mins timer is up. 3. The motor auto shuts off due to the device being on too long activating overheating protection. 	<ol style="list-style-type: none"> 1. Replug to the power source. 2. Turn the power switch on again. 3. Use the massager after the motor cools off naturally.
The massage intensity is too high or too low	Massage head is positioned at the wrong angle.	Adjust the head angle to get the moderate intensity.

Warranty Policy

Your RENPHO product purchase is covered by a one-year limited manufacturer warranty from the date of delivery.

For warranty terms and conditions, please visit:

<https://renpho.com/pages/warranty-terms-and-conditions>

Note: Product registration is not required for the warranty. If you choose not to register your product, it will not diminish the product warranty.

Customer Service

Please feel free to contact us if you have any questions or concerns. RENPHO Customer Service Team guarantees a quick response and hassle-free solutions to any issue you may have within business hours.

TEL: +1(844) 417 0149 (US ONLY)

Monday-Friday 9:00AM-4:30PM

1800 MY RENPHO (1800 69 7367) (AU ONLY)

Monday-Friday 9:00AM-5:00PM (GMT+10)

Email: support@renpho.com (US&CA)

support-eu@renpho.com (AU)

*For defective products or the return of items, please contact us with your order number within the specified warranty period. DO NOT dispose of any product parts as they may be required for inspection/repair.

FCC Regulatory Compliance

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation. Warning: changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

ISED Regulatory compliance

This device complies with Industry Canada licence-exempt RSS standard(s). Operation is subject to the following two conditions: (1) This device may not cause interference, and (2) This device must accept any interference, including interference that may cause undesired operation of the device.

Le présent appareil est conforme aux CNR d'Industrie Canada applicables aux appareils radio exempts de licence. L'exploitation est autorisée aux deux conditions suivantes:

(1) l'appareil ne doit pas produire de brouillage, et (2) l'utilisateur de l'appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage est susceptible d'en compromettre le fonctionnement.