

# RENPHO MASSAGE GUN

Model: RF-GM168



## JOICOM CORPORATION

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## Shenzhen Runfeng Digital Technology Co., LTD

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## Cautions

To reduce the risk of electric shock, fire and personal injury, this product must be used as follows:

1. **DO NOT** immerse in water, keep away from liquids or heat sources, and do not allow water to enter the vents of the "product". The vents are free of dust and debris.
2. **DO NOT** drop or improperly use the "product", do not remove the screws or attempt to disassemble, do not change or modify the "product" in any method.
3. **DO NOT** operate continuously for more than 1 hour, and let the device rest for 30 minutes before re-use.
4. Charge only with the local charger and carefully check the device before each use.
5. Unplug the charger from the device after charging or before use. Do not operate or charge the product unattended.

## Important Safety Instructions

1. For adults only, it can be used only on dry parts of the body and clean skin. It can't be used across the clothes. Gently press and move on the skin for about 60 seconds.
2. Use the "product" only in the soft tissues of the body without causing pain or discomfort; do not use on any hard parts such as bones on the head or the body.
3. Use only massage heads that produce the best results.
4. Whether it is controlled by underground pressure or pressure, it may cause bruises; Often check the massage area, you should stop using immediately once it appears with signs of pain or discomfort.
5. Avoid contact with the massage head and the body at the finger, hair or other parts of the body. Beware of pinching.
6. Do not press the massage head vigorously during operation.
7. Do not use the same part for a long time in a row if you feel unwell, please stop using it immediately. Infants, minors, pregnant

- women, pacemakers, fractures or metal contents in the body should not use the machine.
8. This product is prohibited under the following conditions:
- 1) Blood stasis
  - 2) Tumor site
  - 3) Heart disease, with a pacemaker or defibrillator
  - 4) If you have experienced joint surgery within 90 days, the product should not be used on the body within 3 inches of the surgical position.
  - 5) Sensitive areas: head, face, cervical vertebrae, spine vertebral body.
  - 6) Positions close to the bone with less muscle coverage: the humerus, the back of the foot, the back of the hand.

## FCC Statement

This device complies with ICES-003 Rules and US Electronic Code of Federal Regulations 47 CFR FCC Part 15; Operation is subject to the following two conditions:  
(1) This device may not cause harmful interference, and  
(2) this device must accept any interference received, including interference that may cause undesired operation.

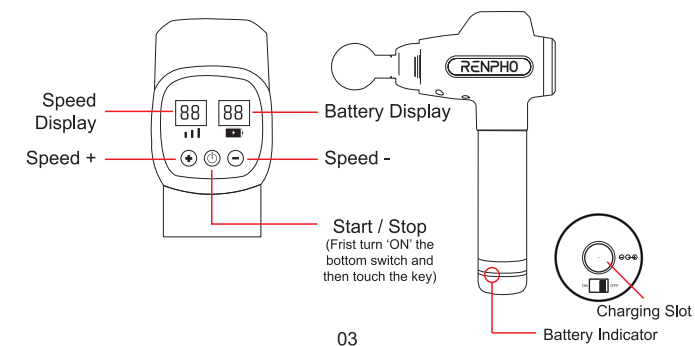
**FCC Statement NOTE:** This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses, and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help with the supplied fastener. DO NOT hang the unit by the power cord.

## Product Features



## Operation Instruction



## Before Use

Fully charge the massage before first use. **Make sure to turn the bottom of the device 'OFF' while charging.**

1. Plug the adapter into the bottom of the battery.
2. When charging, the indicator light changes from breathing red to breathing green.
3. When fully charged, the indicator keeps green.

**Note:** Recharge the battery for 6 hours at 'OFF' status every two months if you don't use it for long.

## Use The Massager

1. Turn 'ON' the device at the bottom of battery. **Note** that if you don't do anything within 3 minutes, the device will be in standby mode. You can restart it by press any key on the screen or turn the switch at the bottom ON and OFF.
2. Press the "⊕" to power on and start running.
3. The keys "⊕" "⊖" can adjust speed levels from 1-20.
4. When battery power is less than 10%, the bottom line of the device is flashing in red or the battery display "00" means low battery, please charge it immediately.
5. Power display changes from 01 to 10 successively when charging, and reaching to 10 means full charge with red light turning into green light.
6. This device has a timing function and automatically stops running after 15 minutes of operation.
7. When the massage head is strongly pressed to stop the motor, the device starts the automatic protection function and the machine stops working, the frequency displays "E4". It can be used normally after switching off and on.
8. When the power is on, the product will enter sleep mode after 3 minutes without operation: press any button to wake up the device. Plug and unplug the charger to wake up the device, and the swing switch can also wake up the device.
9. Plug adjustable heads into the host for use; Plug out heads for storage.

## Massage Head Application

### Ball head:

For large muscle groups (quads, glutes, etc.) and extreme muscles and joint soreness.



### Bullet head:

Mainly used for joints, deep tissues, trigger points and small muscle areas (feet, wrist, etc.).



### Hammer head:

Ideal for general use, suitable for all parts of the body.



### U-shaped head:

Mainly used for spine, neck, and shoulder for sensitive muscles or soft tissues.



### Air Cushion Head:

For sensitive body meat relaxation.



### Wedge Head:

For small areas of back, neck, and waist.



## Troubleshooting Guide

PROBLEM	CAUSE	SOLUTION
Massager doesn't turn on.	Power adapter plug is loose.	Reconnect the plug to the outlet.
	Power is off.	Press the power button to turn on the massager.
	No power.	Try a different power outlet.
Shuts off automatically	The 15-minute timer.	The massager has a timer and will turn off itself after 15 minutes. You can press the power button to start another.
	The massage has overheat protection and will switch off automatically when too hot.	Wait for massager to cool down before powering it on.
E1 shown on power display window.	Out of battery.	Please charge immediately.
E3 shown on the frequency display window.	Rotor blocked at the low power status.	Recharge the massager in "OFF" status at least 6 Hrs.
	Motor issue.	Please message us at Amazon to find help.
E4 shown on frequency display window.	Massage head is strongly pressed to stop the motor.	Plug out massage head a little, then turn off and on.

## Contact Us

**Tel:** +1(844)417-0149 (US ONLY)  
Monday-Friday 9:00AM-4:30PM

**Email:** support@renpho.com (US & CA & AU)

**Web:** www.renpho.com

## Specifications

Model No.: RF-GM168  
Product Name: Massage Gun  
Input: 24V==1A  
Rated Voltage: DC 22.2V  
Rated Power: 24W  
Battery: 2000mAh  
Charging Time: 2-3 hours  
Working Time: 8 hours  
Timer: 15minutes  
Noise: <63.5dB  
Colour: Black/Blue  
Product Weight: 2.1lb  
Product Size: 10.2\*6.7\*2.4 inches

## Packing list

Massage Gun Host x 1  
Massage Head x 6  
Adapter x 1  
User Manual x 1  
Storage Box x 1  
Warranty Card x 1

## Warranty (1-Year Period)

The manufacturer's warranty is void under the following circumstances but not limited to:

1. Improper or inadequate maintenance or modification.
2. Accident, misuse, abuse, contamination or other external causes.
3. The use of unspecified adapter and accessories.
4. Loss or damage in transit.
5. Damages that occurs as a result of one's failure to follow the instructions.

This warranty does not apply to expendable or consumable parts and does not extend to any product from which the serial number has been removed.



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