





# Model: R-A031

# IMPORTANT SAFETY INSTRUCTIONS

## READ ALL INSTRUCTIONS CAREFULLY BEFORE USE.

- 1. The scale is for household use only and not for medical or commercial purposes.
- Individuals who are pregnant, have osteoporosis, a pacemaker, artificial joints, portable ECG, or other metal implants should use the scale for weighing purposes only and make sure to wear shoes to prevent any electric current or activate the pregnancy mode via the app while using the scale.
- All body composition data provided is for reference and should not be used as a substitute for advice from a licensed healthcare professional.
- 4. Do not overload the scale. (Maximum Capacity: 400lb / 180kg)
- 5. Inspect the scale for any damage before each use. Do not use a damaged scale to avoid inaccuracy or injury.
- 6. Only use the provided charging cable and charger (DC 5V 1A, not included) to charge the scale.
- 7. To ensure accuracy, use the scale on a hard and flat surface.
- 8. To avoid interference or danger, do not use the scale in an environment near equipment with strong electromagnetic fields.
- 9. To prevent injury, do not stand on the edges of the scale, jump on or stomp it.
- 10. The scale is a delicate and precise measuring device. Handle with care to avoid breakage.
- 11. The scale is not waterproof. Keep it dry and never submerge it in water. To clean the surface, use a damp cloth or glass cleaner. Do not use soap or chemical cleaning agents.
- 12. Do not expose the scale to direct sunlight or use it in high temperatures or extremely humid areas. Store it in a cool, dry place.
- 13. Do not attempt to disassemble the battery or scale for any reason, as this may cause damage or void the warranty.
- 14. A lithium battery with a damaged container should not be exposed to water.
- 15. Do not heat the battery.

## SAVE THESE INSTRUCTIONS

## ABOUT YOUR ELIS NOVA



Icons

00:00	ß	•	*	(·	
Time	Pregnancy Mode	Baby Mode	Bluetooth Connectivity	Wi-Fi Connectivity	Low Battery
			<ul> <li>Bluetooth is disconnected.</li> <li>Bluetooth is connected.</li> </ul>	Wi-Fi is disconnected. Wi-Fi is connected. Wi-Fi is connected, but	Charge the scale.
				data sync to the app fails.	

kg lb st st:lb	0.00/0.0	0	Overloaded	<b>P</b>
Units Switch the unit via the app.	Calibrated Calibrate the scale before each use.	User Identification Create a correct user profile in the app for user identification.	Overloaded Maximum Capacity: 400lb / 180kg.	Measuring Body Compositions Make sure to step on the scale with bare, dry feet.

 To preserve power, the scale will automatically shut off after 10 seconds of inactivity.

# INITIALIZING/RESETTING YOUR ELIS NOVA

- To initialize the scale, press and hold the Reset Button for 5 seconds or connect the scale to a power source using the provided charging cable and charger (not included).
- 2. To reset the scale, press and hold the Reset Button for 10 seconds.



## **RENPHO HEALTH APP SETUP**

## 1. Download the Renpho Health App

Scan the QR code below or search for "Renpho Health" from the App Store or Google Play to download the app.

System requirement: iOS 12.0 or later, Android 7.0 or later



Note: Due to continuous updates and improvements, the "Renpho Health" App may appear slightly different.

## 2. Pair the Scale via Bluetooth

Before pairing, enable Bluetooth on your smartphone.

- a. Open the Renpho Health App, place the scale on a hard and flat surface, and step onto it with bare and dry feet.
- b. Tap "+" in the upper-right corner of the "Home" page and select your body fat scale from the device list.
- c. Follow the in-app instructions to complete Bluetooth pairing.

## Note:

- Once you have successfully paired the scale with the app via Bluetooth, establish a Wi-Fi connection for automatic data synchronization, eliminating the need for a constant Bluetooth connection.
- After successful Bluetooth connection, you can customize the displayed information (up to 5 indicators) on the scale and choose your preferred avatar via the app.

## 3. Set up Wi-Fi Connectivity

Go to "Device" page, tap " 🛜 " of the scale that has been connected via Bluetooth and follow the in-app instructions to complete Wi-Fi connection.

#### Note:

- Select the 2.4GHz Wi-Fi network and enter the correct Wi-Fi password. 5GHz Wi-Fi networks are not currently compatible with this scale.
- Once the Wi-Fi icon appears on the scale's display, it indicates a successful connection.

## 4. Customize Scale Display

a. Tap " •••• " in the upper-right corner of this page and tap "Customize Scale Display", or tap " 🛃 " directly, to enter display customization settings.



b. Tap 
 or 
 or 
 to remove / add what you would (not) like to see on the scale. You can choose up to 7 metrics to be displayed on the scale.

Press and drag  $\equiv$  to adjust the order of metrics displayed on the scale.

c. Tap "Save" to finish your changes.



The scale is specially designed with the pregnancy mode which delivers no electrical current and is safe for pregnant women to measure their weight.

Tap " 🍐 " on the homepage after successful connection. Then, tap " 💿 ".





#### 6. Convert Units

To switch units, go to "Settings" in the lower-right corner of this page > "Units".



# **CALIBRATING YOUR ELIS NOVA**

Calibrate the scale before each use to ensure accuracy.

- 1. Place the scale on a flat, hard surface. Avoid any carpeting.
- 2. Step on the scale with a single foot to activate it and then step off.
- 3. The display will show "0.0" or "0.00" to indicate calibrating is complete.



# **USING YOUR ELIS NOVA**

- \* Create your correct user profile in the Renpho Health App before taking your first measurement. This ensures your measurements are precisely recorded and associated with your profile.
- 1. Make sure the scale is placed on a flat, hard surface.
- After calibrating the scale, step on the scale with bare, dry feet, keep still and wait for the measurement(s) to be shown on the scale's display.
- After measuring, the scale will transmit the data to the app via Bluetooth or Wi-Fi. Open the app to sync and view your detailed measurements, track your progress, and access additional features and insights.





# **CHARGING YOUR ELIS NOVA**



Note: Do not use the scale while charging.

## **TROUBLESHOOTING GUIDE**

## 1. Display Issues

Display	Description/Cause
Weight, BMI, Body Fat, Weight Trend	<ul> <li>User identification was detected by the scale.</li> <li>This measurement was taken with bare feet.</li> </ul>
Weight, BMI	<ul> <li>User identification was detected by the scale.</li> <li>This measurement was taken with socks or shoes.</li> </ul>

Display	Description/Cause
Weight 1139 Cust Vauvine.	<ul> <li>User identification was not detected by the scale.</li> <li>This measurement was taken with bare feet.</li> </ul>
Weight	<ul> <li>User identification was not detected by the scale.</li> <li>This measurement was taken with socks or shoes.</li> </ul>

## 2. Other Issues

Problem	Solution
l can get my data of weight, body fat, and BMI from the scale's display, but my family or friends failed.	Your family or friends must complete their profile information on your app using the "add a member" function or log in to the Renpho Health App with their own account.
I failed to set up Wi-Fi connectivity.	<ul> <li>Ensure the scale is paired with the Renpho Health App via Bluetooth before Wi-Fi connection.</li> <li>Open the app and follow the on-screen instructions to reconnect the scale via Wi-Fi. Choose the 2.4GHz Wi-Fi network and enter the correct Wi-Fi passwords.</li> <li>Prior to the Wi-Fi setup, relocate the scale near your router for better signal strength.</li> </ul>

Problem	Solution
The scale cannot detect body fat and/or other data.	a. Ensure your feet are dry and bare. b. Stand and keep still until the final measurement(s) appear on the display. If still not available, try applying moisturizer to your feet and measure again, or ask another person to try the 2 steps mentioned above.
I registered an account on the RENPHO website but failed to use it to log in to the Renpho Health App.	The RENPHO website and Renpho Health App are two separate systems. Please create an account for the Renpho Health App.

## **TECHNICAL SPECIFICATIONS**

Product Name: Body Fat Scale Model: R-A031 Unit: kg / lb / st / st:lb Capacity: 0.4-400lb / 0.2-180kg Division: 0.2lb / 0.05kg Dimension: 11.7 x 11.7 x 1.2inch 297 x 297 x 30mm Battery Capacity: 800mAh Input: 5V - 1A Rated Power: 5W

## WARRANTY POLICY

Your RENPHO product purchase is covered by a one year limited manufacturer warranty from the date of delivery. For warranty terms and conditions, please visit:

#### https://renpho.com/pages/warranty-terms-and-conditions

Note: Product registration is not required for the warranty. If you choose not to register your product, it will not void the product warranty.

## **CUSTOMER SERVICE**

Please feel free to contact us if you have any questions or concerns. RENPHO Customer Service Team guarantees a quick response and hassle-free solutions to any issue you may have within business hours.

> Tel: +44(0)7434-666088 (UK ONLY) Monday-Friday 9:00AM-5:00PM(GMT)

Email: support-eu@renpho.com (UK&EU)

\*For defective products or the return of items, please contact us with your order number within the specified warranty period. DO NOT dispose of any product parts as they may be required for inspection/repair.

## FCC REGULATORY COMPLIANCE POLICY

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Warning: Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications.

However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.

- Increase the separation between the equipment and receiver.

- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

- Consult the dealer or an experienced radio/TV technician for help.

RF Exposure Compliance

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment. This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.

ISED Regulatory compliance

This device contains licence-exempt transmitters that comply with Innovation, Science and Economic Development Canada's licence-exempt RSS(s).

Operation is subject to the following two conditions:

(1) This device may not cause interference.

(2) This device must accept any interference, including interference that may cause undesired operation of the device.

Le présent appareil est conforme aux CNR d'Industrie Canada applicables aux appareils radio exempts de licence. L'exploitation est autorisée aux deux conditions suivantes:

(1) l'appareil ne doit pas produire de brouillage, et (2) l'utilisateur de l'appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage est susceptible d'en compromettre le fonctionnement. This equipment complies with IC RSS-102 radiation exposure limits set forth for an uncontrolled environment.

Cet équipement est conforme aux limites d'exposition aux radiations IC CNR-102 établies pour un environnement non contrôlé.

#### US Importer: JOICOM CORPORATION

14129 The Merge Street, Building 3 Unit A, Eastvale, CA 92880

#### Manufacturer: Shenzhen Ruiyi Business Technology Co., Ltd.

No. 810-C063, 8th Floor, Xiangbin International Financial Centre, No.18, West Free Trade Street, China Special Economic Zone, Qianhai Bay, Shenzhen, Guangdong Province, 518000 China