

RENPHO
Smart Health Simplified

User Manual



Model: EM-2016C

Cordless Massager

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Thank you for your purchase of the RENPHO Cordless Massager. The massager offers a powerful percussion massage. While enjoying muscle and body relief, you should use it with care and safety in mind. To ensure safety and avoid any property damage, please read this manual carefully and use as it indicated. Non-compliance may cause serious injuries or death and/or severe property damage.

IMPORTANT INSTRUCTIONS

READ ALL INSTRUCTIONS BEFORE USING.

1. This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.
2. Children should be supervised to ensure that they do not play with the appliance
3. **WARNING** – To reduce the risk of burns, fire, electric shock, or injury to persons:
 - 1) An appliance should never be left unattended when plugged in. Unplug from outlet when not in use, and before putting on or taking off parts.
 - 2) Do not operate under blanket or pillow. Excessive heating can occur and cause fire, electric shock, or injury to persons.
 - 3) Close supervision is necessary when this appliance is used by, on, or near children, invalids, or disabled persons.
 - 4) Use this appliance only for its intended use as described in this manual. Do not use attachments not recommended by the manufacturer.
 - 5) Never operate this appliance if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged, or

dropped into water. Return the appliance to a service center for examination and repair.

- 6) Do not carry this appliance by supply cord or use cord as a handle.
 - 7) Keep the cord away from heated surfaces.
 - 8) Never operate the appliance with the air openings blocked. Keep the air openings free of lint, hair, and the like.
 - 9) Never drop or insert any object into any opening.
 - 10) Do not use outdoors.
 - 11) Do not operate where aerosol (spray) products are being used or where oxygen is being administered.
 - 12) To disconnect, turn all controls to the off position, then remove plug from outlet.
4. **DANGER** : Do not use while bathing or in a shower.
 5. **DANGER** : Do not place or store appliance where it can fall or be pulled into a tub or sink.
 6. **DANGER** : Do not place in or drop into water or other liquid.
 7. **WARNING** : Never operate on a soft surface such as a bed or couch where the air openings may be blocked.
 8. Do not expose the appliance or battery to excessive temperatures.
 9. Be aware of the risk of terminals of the battery-operated appliance or battery being short- circuited by metal objects.
 10. This appliance contains batteries that are non-replaceable. When the battery is at end of life, the appliance shall be properly disposed of.
 11. Do not dismantle, open or shred battery.
 12. Do not subject cells or batteries to mechanical shock.
 13. In the event of a cell leaking, do not allow the liquid to come in contact with the skin or eyes. If contact has been made, wash the affected area with copious amounts of water and seek medical advice.
 14. Secondary cells and batteries need to be charged before use. Always use the correct charger and refer to the manufacturer's

- instructions or product manual for proper charging instructions.
15. Do not leave a battery on prolonged charge when not in use.
 16. After extended periods of storage, it may be necessary to charge and discharge the cells or batteries several times to obtain maximum performance.
 17. **CAUTION** - The battery used in this device may present a risk of fire or chemical burn if mistreated. Do not recharge, disassemble, heat above 100°C (212°F).

SAVE THESE INSTRUCTIONS

About the Cordless Massager

1. What's in the Box

RENPHO Cordless Massager x 1

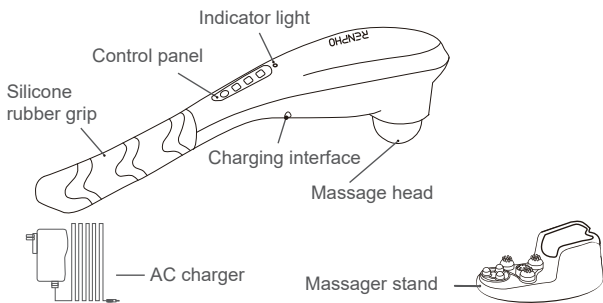
Massage Head x 5

Adapter x 1

Massage Stand x 1






User Manual x 1

2. Product Introduction





TIP: **DO NOT** use on your head.

Head					
	3-Intensive Head	3-Point Head	Round Head	Curved Head	1-Point Head
Material	Hard plastic coated with rubber	Hard plastic coated with rubber	Hard plastic	Hard plastic	Hard plastic
Recommend	Use for a firm, deep tissue massage. It's recommended to use in areas with more muscles.	Use for a firm, deep tissue massage. It's recommended to use in areas with more muscles.	Offers a relatively powerful massage.	Good for an arm and leg massage and for overall relief.	Good for massaging acupuncture points and for the whole body.

Using the Cordless Massager

1. Important tips before use

1.1 Charging

- Please charge the massager before use.
- To charge the massager, plug the adapter into an outlet and into the massager's Charging Interface.
- The indicator light on the massager will flashes blink during the charging process. The indicator light will be solid red when charging is complete.
- For safety considerations, the massager will **NOT** work while charging. Additionally, the massager will automatically shut off after 20 minutes of continuous use. You will hear a tone when this happens.



The RENPHO Cordless Massager will not work while plugged into a wall outlet.

1.2 Battery Life

- This Massager has a built-in rechargeable battery. A full charge takes about 3 hours. The total battery life is about 140 minutes after a full charge.
- Battery life can vary by application and/or operating conditions. If the product is not in use for a long time, please keep it powered off and charge it once a month so that the battery will last longer.
- Please keep the massager away from heat and avoid using it in places where the surrounding temperature is relatively high.

2. Preparation

Choose a massage head and attach it. To attach the massage head, twist the massage head clockwise. To detach the massage head, twist counterclockwise.

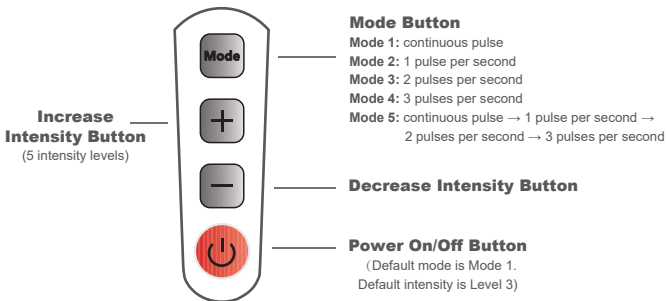





Twist clockwise to
attach the massage head




Twist counterclockwise to
detach the massage head

3. Operation Instruction

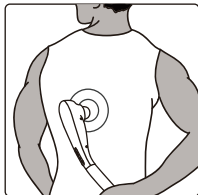


1. Long press “” to turn on the massager. You will hear a tone and the indicator light will be green to indicate that the massager is on. The default mode is Mode 1 (Continuous Pulse) and the default intensity is Level 3. (Note: When the power light flashes green, the massager needs to be charged). Short press the Power On/Off Button to turn off the massager. The massager will automatically shut off after 20 minutes of continuous use.
2. Press “” to select between the different percussion modes. There are 5 percussion modes available, and the default mode is Mode 1 (Continuous Pulse).
3. Press “” to increase the intensity of the percussion. There are 5 intensity levels for each mode, and the default intensity is Level 3. You will hear a tone with each press of the increase intensity button. If you do not hear a tone when you press the increase intensity button, it indicates the massager has reached the maximum intensity.

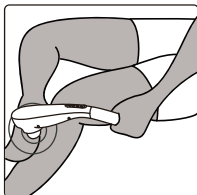
4. Press “  ” to decrease the intensity of the percussion. You will hear a tone with each press of the decrease intensity button. If you do not hear a tone when you press the decrease intensity button, it indicates the massager has reached the lowest intensity.



Shoulder Massage



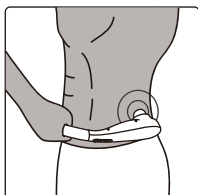
Back Massage



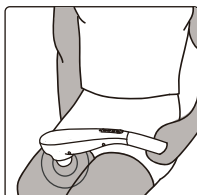
Foot Massage



Arm Massage



Waist Massage



Leg Massage

Tip: For users' safety, the RENPHO cordless massager is designed to automatically shut off if too much pressure is applied to the product. In this case, the product must be reset. Turn the massager off if it is still on, plug the charger into an outlet, and plug the massager into the charger. Wait about 3 seconds before unplugging the charger from the massager and outlet simultaneously. Then you can turn on the massager and start massaging.

Product Care and Maintenance

- Place the massager in a safe, cool, and dry place when not in use.
- Always unplug the massager before cleaning.
- After use, wipe the massager with a soft, damp cloth using non-abrasive cleaners. If necessary, clean with a sterilizer.
- **DO NOT** immerse the massager in water or any other liquid.
- Keep away from all solvents and harsh detergents.
- **DO NOT** attempt to repair this massager. There are no user-serviceable parts.
- **DO NOT** dispose of the massager in a landfill. It contains a Li-ion battery and other electrical components, which are considered hazardous E-waste.

Troubleshooting

PROBLEM	CAUSE	SOLUTION
The massager cannot be turned on	Short press the Power On/Off button	Long press the Power On/Off Button to turn on the massager
	The battery is dead	Charge the massager
	The massager automatically shuts off after 20 minutes	Long press the Power On/Off Button to turn on the massager for another 20 minutes
Can't hear a tone when pressing the "+" Increase Intensity Button	The massager has reached the maximum intensity	Press the "-" Decrease Intensity Button and you will hear a tone, if not please contact customer support (Email: support@renpho.com)
Can't hear a tone when pressing the "-" Decrease Intensity Button	The massager has reached the lowest intensity	Press the "+" Increase Intensity Button and you will hear a tone, if not please contact customer support (Email: support@renpho.com)
Massager shuts off automatically	The massager's overheat protection feature will switch off the massager automatically when too hot	Wait for the massager to cool down before powering it on again
If you encounter any other problems, contact: support@renpho.com		

Specifications

Product Name: Cordless Massager

Model: EM-2016C

Input: 12V  1A

Product Dimensions: 15.1 (L) x 3.0 (W) x 4.5 (H) inch
38.2 (L) x 7.5 (W) x 11.5 (H) cm

Product Weight: 1.76 lb (0.8 kg)

Color: White / Black

Battery Capacity: 2600mAh / 19.24Wh

Warranty Policy

Your RENPHO product purchase is covered by a one-year limited manufacturer warranty from the date of delivery.

For warranty terms and conditions, please visit:

<https://renpho.com/pages/warranty-terms-and-conditions>

Note: Product registration is not required for the warranty.

If you choose not to register your product, it will not diminish the product warranty.

Customer Service

Please feel free to contact us if you have any questions or concerns. RENPHO Customer Service Team guarantees a quick response and hassle-free solutions to any issue you may have within business hours.

✉ **Email: support@renpho.com (US&CA)**
support-au@renpho.com (AU)
support-eu@renpho.com (UK&EU)

☎ **TEL: +1(844) 417 0149 (US&CA)**

Monday-Friday 9:00AM-4:30PM

1800 MY RENPHO (1800 69 7367) (AU ONLY)

Monday-Friday 9:00AM-6:00PM (AEST)

+44(0)7434-666088 (UK ONLY)

Monday-Friday 9:00AM-5:00PM(GMT)

* For defective products or the return of items, please contact us with your order number within the specified warranty period. DO NOT dispose of any product parts as they may be required for inspection/repair.

FCC Regulatory Compliance

Warning: Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

ISED Regulatory Compliance

This device contains licence-exempt transmitter(s)/receiver(s) that comply with Innovation, Science and Economic Development Canada's licence-exempt RSS(s). Operation is subject to the following two conditions:

- 1: This device may not cause interference.
- 2: This device must accept any interference, including interference that may cause undesired operation of the device.

Le présent appareil est conforme aux CNR d'Industrie Canada applicables aux appareils radio exempts de licence. L'exploitation est autorisée aux deux conditions suivantes:

- 1: l'appareil ne doit pas produire de brouillage.
- 2: l'utilisateur de l'appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage est susceptible d'en compromettre le fonctionnement.



1. Meaning of the crossed-out wheeled bin symbol

The crossed-out wheeled bin symbol means that you are legally obliged to dispose of these appliances separately from unsorted municipal waste, i.e. old appliances must be disposed of separately from household waste. Batteries or rechargeable batteries that are not permanently installed must be removed beforehand and disposed of separately.

2. Options for returning old appliances

Owners of WEEE can return or collect it within the framework of the possibilities set up and available by public waste management authorities to ensure proper disposal.



1. The symbol of the crossed-out garbage can on batteries or accumulators indicates that they must not be disposed of in household waste at the end of their life.
2. You are legally obliged to return old batteries and accumulators after use. You can do this free of charge at a collection point in your area. Addresses of suitable collection points can be obtained from your city or local government.
3. Batteries may contain substances that are harmful to the environment and human health. The separate collection and recycling of old batteries and accumulators is intended to avoid negative effects on the environment and human health.
4. Please avoid the generation of waste from old batteries as far as possible, e.g. Please avoid littering public spaces by not carelessly leaving batteries or electrical and electronic equipment containing batteries.



Hereby, Shenzhen Ruiyi Business Technology Co., Ltd. declares that this equipment complies with Directive 2014/30/EU, Directive 2011/65/EU, Radio Equipment Regulations 2017, Restriction of the Use of Certain Hazardous Substances in Electrical and Electronic Equipment Regulations 2012, and other relevant provisions. The full text of the Declaration of Conformity can be obtained at the following internet address:

<https://renpho.eu/pages/compliance-data>