measles vaccination is needed. In addition, these data also imply that measles infection occurring after vaccination could be related to a suboptimal innate or CMI response.

Variation in measles-speciôCMI responses has been associated with multiple genetic factors, including HLA gene polymorphisms and single-nucleotide polymorphisms (SNP) in cytokine, cytokine receptor, and innate immunity genes (9,11,41,42). These data also imply that variations in measles-speciô innate/inômmatory and CMI responses may also be associated with demographic variables in a given population; thus offering a macro-scale view of variations in measles vaccine-induced innate/inômmatory and CMI responses. These data could potentially be used to create improved vaccines that are designed to upregulate key innate/inômmatory or CMI pathways in an effort to generate a protective immune response in a greater proportion of the population following measles vaccination (49,50).

To expand and test the hypothesis for gender and racial differences in measles-speciô cytokine responses, we examined associations between innate/inammatory and CMI responses following two doses of measles-mumps-rubella (MMR) vaccine and demographic or clinical variables. Specially, a large population-based study was conducted (n = 764) to determine measles-speci@immune responses in children and young adults 11 vears of age vaccinated with two doses of MMR vaccine. Associations between gender, race, or ethnicity, and cytokine measures (secreted IL-2, IL-6, IL-10, IFN-a, IFN-c, IFN-k1, TNF-a, as well as IFN-c ELISPOT responses) were examined to determine if demographic variables were signi@antly associated with measles vaccine-induced innate/inammatory and CMI responses. We reported such associations with humoral immunity in a previous article (23), and herein focus on markers of cell-mediated immunity.

Methods

Study subjects

The study cohort was comprised of a combined sample of 821 subjects from two independent, age-stratied random cohorts of healthy schoolchildren and young adults from all socioeconomic strata in Rochester, Minnesota, from which 764 were eligible for the current study (23). Between December 2006 and August 2007, 440 healthy children were enrolled (age 11@0 y) in Rochester, MN (cohort 1) as previously reported (7,20,36,38). Three-hundred ninety-six parents agreed to allow their children to take part in this study, and from these 396 children we obtained blood samples. From November 2008 through September 2009, an additional 381 healthy children and young adults were enrolled (age 11@0 22 y) in Rochester, Minnesota (cohort 2), and we also obtained blood samples from these 381 children (22,23,39,40).

Individuals born outside the United States were excluded from the study, and all participants received two and only two documented doses of MMR (Merck, Whitehouse Station, NJ) vaccine containing the attenuated Edmonston strain of MV (50% tissue culture infective dose of %1000). Additionally, no known circulating wild MV was observed in the community since the earliest year of birth for any subject. From the 821 study subjects who were enrolled, self-declared demographic data and immune measures were available for 764 subjects, who composed the âal sample population. The

institutional review board (IRB) of the Mayo Clinic approved the study, and written informed consent was obtained from the parents of all children who participated in the study, as well as written informed consent from age-appropriate children and young adults.

Isolation of peripheral blood mononuclear cells (PBMCs)

One hundred milliliters of whole blood was collected from each participant in Cell Preparation Tube with Sodium Citrate (CPT; BD, Franklin Lakes, NJ) tubes, and PBMCs were isolated within 24h according to manufacturer® protocol. Isolated PBMCs were resuspended at a concentration of 1%10⁷ cells/mL in RPMI 1640 media containing L-glutamine (Invitrogen, Carlsbad, CA) supplemented with 10% dimethyl sulfoxide (DMSO; Protide Pharmaceuticals, St. Paul, MN) and 20% fetal calf serum (FCS; Hyclone, Logan, UT), frozen overnight at -80 C in a controlled-rate freezing container, and transferred to liquid nitrogen for storage until use.

Measurement of IFN-c-secreting cells

The IFN-c cytokine response was assessed using commercially available IFN-c ELISPOT kits from R&D Systems (Minneapolis, MN) as previously described (51). Brie@ an ELISPOT plate pre-coated with anti-human IFN-c antibody (Ab) was blocked for 20 min with RPMI culture medium supplemented with 5% FCS. One aliquot of 5%106 cryopreserved PBMCs was thawed, counted, and resuspended in RPMI culture medium supplemented with 5% FCS. Seven wells were plated with 2 1610 PBMCs per well for each subject; three wells were supplemented with live MV (Edmonston strain of MV, MOI 0.5); three wells were supplemented with culture medium to serve as negative controls, and one well was supplemented with 5 l g/mL of PHA-P to serve as a positive control. Any subject negative for PHA-P was repeated. The plates were incubated at 37 C in 5% CO₂ for precisely 42 h. After incubation, the plates were developed according to the manufacturer protocol. The plates were read with an ImmunoSpot S4 Pro Analyzer from C.T.L. (Cleveland, OH). Counting parameters were optimized to precisely and accurately count all ELISPOT plates. Several plates were assessed to optimize the counting parameters, including sensitivity, spot size thresholds, background hue, and spot separation (51). Once the counting parameters were established, these parameters were used to count all ELI-SPOT plates, ensuring that spots were counted consistently across all subjects. Quality control was performed by a single individual for each plate to manually eliminate any spurious spots resulting from debris or overdeveloped regions.

Measurement of secreted cytokines

Enzyme-linked immunosorbent assays (ELISAs) were performed to measure the level of seven (IL-2, IL-6, IL-10, IFN-a, IFN-c, IFN-k1, and TNF-a) cytokines secreted by PBMCs following in vitro stimulation with live MV (Edmonston strain of MV) as previously described (37). Brie 1.5 %10⁷ cryopreserved PBMCs were thawed, counted, and resuspended in RPMI culture medium supplemented with 5% FCS. Eleven wells on three 96-well round-bottom plates were plated with 2 %10⁵ cells/well. Five wells were

supplemented with MV (the MOI is dependent on the cytokine, as described below), $\hat{\mathbf{p}}$ e wells were supplemented with RPMI culture medium with 5% FCS to serve as negative controls, and one well was supplemented with PHA-P to serve as a positive control. Any subject negative for PHA-P was repeated. The MOI and incubation time for each cytokine was as follows: IL-2, MOI 0.5, 48 h; IL-6, MOI 1.0, 72 h; IL-10, MOI 0.5, 48 h; IFN-a, MOI 1.0, 24 h; IFN-c, MOI 1.0, 72 h; IFN-k1, MOI 1.0, 72 h; TNF-a, MOI 1.0, 24 h, as previously optimized (37,44). After incubation, cell-free supernatants were harvested from each plate, transferred to a 96-well â-bottom plate, and frozen at - 80 C until analysis. Cytokine levels were measured with commercial kits according to the manufacturer instructions. IL-2, IL-6, IL-10, IFN-c, and TNF-a were measured using commercial kits from BD Biosciences (San Jose, CA), IFN-a was measured using commercial kits from Mabtech (Cincinnati, OH), and IFN-k1 was measured using commercial kits from R&D Systems. Cytokine concentrations were determined by measuring absorbance at 450 nm correlated with a standard curve created by performing serial dilutions of the manufacturer ô reference standard.

Other cytokines, such as IL-4, IL-5, IL-12, and IL-17, were not quantial in this study, due to the negligible amounts of these cytokines detected in PBMC cultures (stimulated with MV) in our previous studies (11,21).

Statistical analysis

The statistical methods described herein are similar to those reported in previous articles (7,23,53). The comparisons of interest in this report are differences between patient-level demographic data and cellular immune measures of response to measles vaccination. The demographic characteristics were descriptively summarized across individuals using frequencies and percentages for categorical variables, and medians and interquartile ranges (IQRs) for continuous variables. A total of eight measures were assessed, as described above. Assessments of cytokine secretion for each of the measured cytokines resulted in **@**e recorded values per outcome prior to stimulation with MV, and @e values poststimulation. In contrast, the ELISPOT assessments resulted in three recorded values pre-stimulation and three poststimulation. For summary purposes, a single response measurement per individual was obtained for each outcome by subtracting the median of the unstimulated values from the median of the stimulated values. These single per-individual results were descriptively summarized across individuals using medians and interquartile ranges. Associations between each of the demographic or clinical variables (age, gender, race and ethnicity, recruitment cohort, and timing of immunization relative to recruitment), and each of the measures of innate and CMI were assessed using linear mixed models approaches on all of the repeated measurements (both stimulated and unstimulated) obtained for each immune measure on each subject. These approaches are similar to ANOVA, but allow for the analysis of repeated measurements made on each subject by accounting for the degree to which the measurements are correlated within a person. In these models, the data were rank-transformed to meet modeling assumptions, and tested for associations between demographic characteristics and an MV stimulation effect by assessing the interaction between a variable indicating stimulation status, and a variable indicating demographic group membership, while controlling for within-subject correlations. In addition to performing tests of signifance for each measure individually, assessments were performed in which each of the demographic variables was adjusted for all others. Analyses were carried out using the SAS version 9 (SAS Institute, Inc., Cary, NC) software system.

Results

Study population characteristics

Demographic characteristics

Self-declared demographic data were used for all demographic analyses (Table 1). The sample population was relatively balanced in terms of gender, with 55.9% males and 44.1% females. The majority, 80.6%, of the sample population indicated that they were of Caucasian descent. Likewise, 97.1% of study participants were Not Hispanic or Latino.

Detection of CMI responses

A wide range of secreted cytokines were detected in PBMC culture supernatants following in vitro stimulation with live MV as shown in Table 2. Strong interferon and proin@mmatory cytokine responses were primarily detected. Speci@ally, we detected robust secretion of IFN- a, high secretion levels of IFN-c, moderate secretion of IFN-k1, and slight secretion of TNF-a. In addition, robust secretion of IL-6, moderate secretion of IL-10 was detected.

The frequencies of IFN-c-secreting cells were measured following MV stimulation using ELISPOT assays. Speciô cally, 726 IFN-c ELISPOT assays were performed, and the median detection of measles-speciô IFN- c-secreting cells

Table 1. Demographic Characteristics of the Study Cohort

Variable	Result
Gender, n (%)	
Male	427 (55.9)
Female	337 (44.1)
Race, n (%)	
Caucasian	616 (80.6)
African-American	89 (11.7)
Asian, Hawaiian, Paci@Islander	22 (2.9)
Other, multiple or unknown	37 (4.8)
Ethnicity, n (%)	
Not Hispanic or Latino	742 (97.1)
Hispanic or Latino	15 (2.0)
Unknown	7 (0.9)

Table 2. Secreted Cytokine Levels of the Study Cohort

Cytokine	Assays performed (n)	Median (IQR) pg/mL	
IL-2 IL-6 IL-10 IFN-a IFN-c IFN-k1 TNF-a	758 756 759 753 756 757	37.5 (20.5 ® 4.4) 354.6 (248.5 ® 61.4) 18.3 (11.3 ® 8.5) 550.9 (272.6 ® 031.2) 67.4 (35.2 ® 20.5) 34.1 (14.1 ® 8.2) 13.7 (9.2 ® 8.8)	
•	. 32		

IQR, interquartile range.

was 36.0 spot-forming units (sfu) per 200,000 cells (IQR 13.0 $\hat{\Theta}$ 69.0 sfu) as previously reported (23).

Associations between CMI responses and demographic data

Associations between demographic data and measles-speci $\hat{\mathbf{D}}$ CMI responses were examined to determine whether gender, race, or ethnicity were associated with variations in measles-speci $\hat{\mathbf{D}}$ CMI measures.

Several immune outcomes signi@antly varied by gender as outlined in Table 3. Females had signi@antly higher levels of secreted TNF-a, IL-6, and IFN-a (p<0.001, p<0.002, and p<0.04, respectively).

In addition, the levels of several secreted cytokines varied signifantly by self-declared race (Table 4). Specifally, Caucasians had signifantly higher levels of IFN- k1, IL-10, IL-2, TNF-a, IL-6, and IFN-a (p<0.001, p<0.001, p<0.001, p<0.001, p<0.003, p<0.01, and p<0.02, respectively) compared to all other racial groups combined (Caucasians versus non-Caucasians). Additionally, Caucasians had a greater number of IFN-c-secreting cells compared to other racial groups (p<0.001).

Ethnicity was not signi@antly associated with variations in measles-speci@CMI measures (data not shown).

Associations between CMI responses and clinical data

In addition, the number of detectable measles-speciôn IFN-c-secreting cells was signiôn antly associated with age at out of vaccination ()% 14 mo median = 30.0 sfu, IQR 11.0 0

Table 3. Variation in Measles-SpeciôCMI Responses by Gender

CMI measure	Gender	Median (IQR) ^a pg/mL	p Value ^b	p Value ^c
TNF-a	Male Female	$13.5 \ (8.8 \widehat{68}.7)$ $14.0 \ (9.6 \widehat{69}.4)$	< 0.001	< 0.001
IL-6	Male Female	339.1 (235.4 6)46.6) 378.7 (269.5 6)80.9)	0.002	0.002
IFN-a	Male Female	523.0 (254.0 6 88.6) 609.6 (284.4 6 093.7)	0.07	0.04

^aIQR, interquartile range.

69.0 sfu; 15 mo median = 40 sfu, IQR 16.5 $\hat{\mathbf{m}}$ 8.5 sfu; > 16 mo median = 30.5 sfu, IQR 10.0 $\hat{\mathbf{m}}$ 5.0 sfu; p < 0.001).

Discussion

Race and gender have been associated with variations in immune response following viral vaccination with multiple pathogens, including measles (4,8,13,17,28,31,32,46). However, most measles studies have focused on racial and gender associations with humoral immunity (as the neutralizing antibodies are an accepted correlate of protection), rather than innate/in@mmatory or CMI measures of immune response. In this study, measles-speci@innate/in@mmatory and CMI responses were examined in a healthy cohort of children and young adults who had received their second dose of MMR 7.4 y (median) earlier.

A Th-1-dominant cytokine response in concert with a robust innate/in@mmatory cytokine secretion pattern was detected in PBMC cultures stimulated with live MV. Early studies examining CMI responses in children who had been vaccinated with measles vaccine suggested that a Th-2-like cytokine secretion pattern, driven primarily by the production of IL-4, dominated the CMI response to MV (19,55). However, more recent work has suggested that a Th-1-like cytokine secretion pattern, driven by IFN-c secretion, dominates the response to measles vaccination in children and young adults after two doses of MMR vaccine (16,24,43).

Negligible amounts of the classical Th-2 cytokines IL-4 and IL-5 were detected in our previous studies of MVstimulated PBMC culture supernatants (12,21), thus IL-10 rather than these cytokines was measured in the current study, as IL-10 plays a critical role in inhibiting the activity of Th-1 cells, natural killer (NK) cells, and macrophages (3,15). Additionally, other studies have detected IL-10 secretion in PBMC cultures of individuals previously vaccinated with MV (3,15,33). In this study, we observed strong measlesspeciô secretion of IFN- c, and high numbers of IFN-csecreting cells with only slight secretion of IL-10 (Table 1), which suggests a Th-1-biased recall immune response 7.4 years following the second MMR vaccination. In addition, this conclusion is further strengthened by the detection of moderate secretion of IFN-k1, a cytokine that has been shown to induce a Th-1 bias (25,26), highlighting the important role of CMI in developing a robust, persistent immune response following measles vaccination.

Gender differences have also been associated with differences in measles antibody titers. A study of children and adults that had previously been vaccinated with MV containing vaccine from Catalonia, Spain (16)15 years of age) found that females have signifantly higher measles-specifolistics following vaccination compared to age-matched males (13). No studies have shown gender associations with measles-specifolism.

Males have been shown to have a greater CMI response (higher stimulation index [SI] in lymphoproliferation) to rubella virus at 2 and 4 week post-MMR vaccination, and to varicella zoster virus (higher frequencies of VZV-speciô CD4⁺ T cells in healthy naturally immune adults) compared to females; thus it is feasible that CMI responses to measles vaccine also vary by gender (28,32). By assessing measlesspeciô cytokine responses 7.4 years following the last immunization, our study found that females secreted greater

^bUnivariate p value.

^cMultivariate p value, adjusting for all other demographic and clinical variables.

CMI, cell-mediated immune.

p Value^b CMI measure Race Median (IQR) a p Value^c IFN-k1 Caucasian 39.2 (16.6**6**6.3) pg/mL < 0.001 < 0.001 Non-Caucasian 20.1 (5.4**6**8.8) pg/mL IL-10 Caucasian 19.0 (12.0**28**.6) pg/mL < 0.001 < 0.001 Non-Caucasian 14.5 (8.3**2**)5.6) pg/mL II.-2 Caucasian 40.1 (21.666.7) pg/mL < 0.001 < 0.001 Non-Caucasian 30.2 (14.6**6**7.5) pg/mL 37.0 (15.1697.0) sfu d IFN-c-secreting Caucasian 0.005 < 0.001 30.0~(11.0 **62**.0) sfu ^d cells Non-Caucasian $13.9 (9.6 \hat{8})8) \text{ pg/mL}$ TNF-a Caucasian < 0.001 0.003 Non-Caucasian $12.9 (9.6 \hat{\mathbf{D}} 4) \text{ pg/mL}$ IFN-a Caucasian $592.7 (284.1 \hat{\Theta})073.6) \text{ pg/mL}$ 0.02 0.01 Non-Caucasian 441.6 (246.4684.6) pg/mL IL-6 Caucasian 354.9 (248.4658.7) pg/mL 0.02 0.02 Non-Caucasian 353.2 (254.0**6**76.3) pg/mL

Table 4. Variation in Measles-Speci@CMI Responses by Race

^dSpot forming units per 200,000 cells.

in vitro levels of innate/in@mmatory cytokines (IL-6, TNF- a, and IFN-a) compared to males.

This study suggests that females may have a more robust antiviral response to MV via secretion of innate/inammatory cytokines upon MV recognition. The difference in median TNF-a secretion between males and females was negligible, although statistically signiant. Although there was a statistically signiant variation between females and males for some of the CMI measures, it is unlikely that these ôdings are clinically or biologically signiôant. The differences in both median IL-6 and IFN-a secretion between males and females (39.6 pg/mL and 86.6 pg/mL, respectively) were much larger. These translate into approximately a 10% and 14% increase in cytokine production, respectively. Although these addings might be biologically relevant, studies that monitor physiological changes with respect to cytokine levels are warranted to ascertain the biological/ clinical relevance of the observed differential cytokine secretion by gender. Additionally, larger studies in vivo that monitor the kinetics of cytokine responses following measles vaccination (or measles infection) are also needed to validate these observations. Further, the age group studied in this study ranges from pre-pubescent to adolescent (age 1100 22 years). It is known that cytokine responses may be modulated by sex hormones, which could potentially in pence the results demonstrated in this study.

IL-6, a proinfammatory cytokine, and IFN- a, a type I interferon, are both essential to initiating an adaptive immune response. Other studies have shown that females have a higher measles-speciô IgG titer compared to males (13). Thus we can speculate that the increased levels of some measles-speciô cytokines secreted by females in response to MV stimulation may explain why females had higher antibody titers following measles vaccination compared to males.

Race and ethnicity have also been associated with both humoral and CMI responses to MV. A study of Innu, Inuit, and Caucasian schoolchildren from Newfoundland, Canada, found that Innu and Inuit children had a signi@antly higher

measles seropositive rate, as well as higher measles antibody titers, following vaccination with a single dose of MMR vaccine as compared to Caucasian children (46). Additionally, a study of measles antibody seroprevalence in the U.S. from 1999@004 found that non-Hispanic blacks had a signi@antly higher seroprevalence of measles antibodies compared to non-Hispanic whites (although the authors suggest that this might be due to natural measles infection), and that Mexican Americans had a signi@antly lower seroprevalence of measles antibodies than non-Hispanic Whites and non-Hispanic Blacks (31). Genetic factors, including SNPs in cytokine and cytokine receptor genes, have also been signi@antly associated with measles-induced immunity in Caucasians and Somali African-Americans (8,10).

The race-speci@innate/in@mmatory and CMI cytokine immune response data from this study are interesting due to the wide range of cytokines that were differentially expressed in Caucasians as compared to other races combined. Caucasians secreted signi@antly greater amounts of the immunosuppressive cytokine IL-10 (with pleiotropic effects in immunoregulation and incmmation), as well as signiô cantly greater amounts of multiple immunostimulating cytokines, such as antiviral interferons, IFN-a, TNF-a, and IFN-k1, and the proinfammatory cytokine IL-6. However, similarly to the gender-speciô analysis, it is possible that some of the race-speciôstatistically signiônt associations have limited clinical or biological signi@ance, due to the minimal differences seen among median secretion levels between Caucasians and all other races combined. Future studies designed to look specially for dose-related physiological changes of a given cytokine over time, in response to MV stimulation or in vivo, could offer a clearer picture of the precise clinical relevance of these data.

Interestingly, our data demonstrated an upregulation of both immunosuppressive CMI and immunostimulating innate cytokines in Caucasians. Previous studies have associated IL-10 with immunosuppression and impaired T-cell responses (3,15,33); however, these data indicate that Caucasians had increased expression of innate stimulating

^aIQR, interquartile range.

^bUnivariate p value.

^cMultivariate p value, adjusting for all other demographic and clinical variables.

cytokines in addition to increased IL-10 expression. In part, undersampling of minority races in this study could explain these observations. However, at a macro level an interesting observation can be drawn from these data. Caucasians had increased expression of both immunostimulatory and immunosuppressive cytokines following measles vaccination. It is possible that the immunosuppressive properties of IL-10 are being balanced by the signifantly higher expression of immunostimulatory cytokines such that Caucasians still generate a successful immune response following measles vaccination. This idea also implies that different races might have differential activation of biological pathways essential to generating an immune response. To fully understand the implications of differential cytokine production patterns, a systems biology approach that combines immunologic data with high-dimensional laboratory assays and clinical data sets could use pathway analysis to explain the impact of race-speciôdifferential cytokine expression following MV stimulation.

This study had multiple strengths, including a large study population and the use of a wide range of measles-speciô innate/inammatory and CMI markers to immunologically characterize the study population. Additionally, the study population consisted of a random sample of children and young adults 11\overline{\text{\ti}\text{\texi}\tint{\tex{\text{\texi}\text{\text{\text{\text{\text{\texi}\tint{\texit{\text{\text{\text{\text{\text{\texi}\tint{\text{\texi}\tint{\text{\ recruit a random sample population was designed to increase condence that the outcomes derived from the data would be relevant. The sample population was balanced in terms of gender distribution, but had limited racial and ethnic diversity. This limited the statistical power to associate small variations in measles-speciô CMI responses with race or ethnicity. Additionally, this study relied on self-declared race information rather than genetic determinants to assign demographic information. Using principal component analysis with high-density SNP typing to determine racial background could allow for more precise subject classition. In the future, enriching the sample population with racial and ethnic minorities would increase the ability to elucidate race- and ethnicity-speciô associations with measles-speciô CMI measures. Additionally, sampling the study population prior to, and at multiple time points after, vaccination (which was not feasible in our study) could provide a better understanding of measles-specionnate/inmatory and adaptive immune responses, as well as the kinetics of cytokine responses following vaccination.

In summary, Th-1-dominated cytokine patterns, as well as important immunostimulating cytokines, were predominantly detected, highlighting the importance of innate/ in@mmatory and CMI responses in generating a successful measles immune response. The humoral immune responses of this cohort have been described previously, with no reported seronegative individuals, and 91.1% with antibody concentrations above the protective threshold (210 mIU/mL, corresponding to a PRMN titer of 120) (23). Finally, we observed that innate/informatory and CMI responses to MV vary signiantly by gender and race, advancing our understanding of inter-individual and subgroup variations in immune responses to measles vaccination. Delineating mechanisms that induce variations in the immune response to MV could facilitate the development of the next generation of vaccines that increase a hostô immune responses following measles vaccination.

Acknowledgments

We would like to thank all of the children and parents who participated in this study. We would like to acknowledge and thank the laboratory staff, statisticians, and nurses at the Mayo Clinic Vaccine Research Group for their invaluable assistance with this study, as well as Megan Obyrne for her immense help with statistical analysis. This project was supported by award numbers AI33144 and AI48793 (which recently received a MERIT Award) from the National Institute of Allergy and Infectious Diseases (NIAID), and 5UL1RR024150-03 from the National Center for Research Resources (NCRR), a component of the National Institutes of Health (NIH), and the NIH Roadmap for Medical Research. The content is solely the responsibility of the authors and does not necessarily represent the of@al views of NIAID or the NIH.

Author Disclosure Statement

Dr. Poland is the chair of a safety evaluation committee for novel non-measles vaccines undergoing clinical studies by Merck Research Laboratories. Dr. Jacobson recently served on a Safety Review Committee for a post-licensure study conducted by Kaiser-Permanente concerning Gardasil HPV vaccine funded by Merck & Co. The other authors declare that they have no conoc of interest.

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Received July 19, 1011; accepted October 12, 2011.